IALMS - Newsletter December 2005

LASER FLORENCE 2005 RAPPORT

Again this year, LASER FLORENCE, has left its positive imprint on the scientific world ,consistent with new discoveries, new applications for everyday practical use. A good example is, the novel technique for laser assisted caesarian section presented by Gabriel De Pena from Santo Domingo & UCLA ,LA .

De Pena ,uses a diode laser equipped with a unique tip, by him invented, which is capable to produce a bloodless, neat cut ,through the soft tissues, without damaging the adjacent tissues. Hence minimizing the number of stitches needed, promoting fasten wound healing and, reducing the hospital stay.

A month later the scar is barely noticed .The author claims, excellent result based on many patients with a multinational 10 years follow up.

Reza Malek, from the Mayo Clinic (Rochester, MIN – USA) one of the world best known authorities, in laser Urology, has shown laser prostatectomy on a day- care basis.

Kevyan Moghissi (London University) and the team of Sergio Cavaliere (Brescia University) demonstrated the new advances made in the fields of Bronchoscopy and Photodynamic therapy(PDT) for respiratory cancer.

PDT therapy was also discussed during a specific session.

Michail L.Pascu of the COST (European Cooperation in the field of Scientific and Technical Research) showed the results obtained through international cooperation, encouraged and supported by his organization.

During the session dedicated to laser diabetology, a special emphasis was made, upon research concerning the scientific basis, of the well known hypoglemic effect of the non surgical laser. This effect already discovered over twenty years ago, but is still poorly understood, in view of the new requirements of evidence –based medicine(EBM), Helsinki's declaration, and the EC laws, efforts are made to meet this requirements. Here in Italy, we have succeeded in overcoming Phase II with this treatment, in Type 1 and 2 patients. Unfortunately though, the chronic lack of financial resources, impedes us to continue with the other phases, probably we will have to continue this research abroad (USA?).

For some months already, a great interest ,is focused on the magnetotherapy, for treatment of neuropathic and diabetic legs,forgetting that laser therapy has already yielded better and quicker results, based on research literature and Italo-Iranian protocol, developed during the last three years. in conjunction with the University of Teheran.

Kira Samoilova, from the Russian Academy of Sciences of St.Petersburg, had illustrated the antiflammatory and imuno-modulent action, of e endovenously introduced non surgical laser.

John Chiu and Pierpaolo Menchetti , discussed the state of art of percutaneous intervertebral disc decompression with lasers .

This novel technique, already pushes aside the classic, time honored old techniques although in Italy, is not yet, well accepted and one wonders why.

The mechanism of action of the non surgical laser therapy, regarding the antinflammatory, pain relief and regenerative qualities, has been widely discussed, and new data has been shown.

A good example, of the effect of laser on the peripheral nervous tissue,is the case presented, of a paraplegic



patient ,who suffered from spinal trauma ,occurred 5 years ago , at T4 level , and, who, following laser therapy, gained sensitive and motor functions.

Pranotherapy (energy healing): A form of the laying on of hands ,was also discussed with yet, no evidenced -based conclusions.

Neverthless, the human body so it seems, posses capacity to emit special kind of energies e.g. electric, electromagnetic, luminous and other types, yet not completely known, the body interchange these energies with the surrounding ambient which ,also is soaked with energy commonly known as "cosmic" .Mary Dyson , from London University ,has shared and discussed this view with other scientists, during a round table dedicated to the laser effects, on the nervous system.

Jeffrey Basford from Mayo Clinic, (Rochester.Minn.)Compared the value of laser with other means, used in the fields of physiotherapy and rehabilitation. Rachel Lubart from Bar-Ilan University, (Tel-Aviv) demonstrated the effects of laser, on the production of free radicals ,Eike Vinck from Gent University ,illustrated the conduction of peripheral nerves, Tera Romanczyc, spoke about the migration and differentiation of the neural stem cells .

Another session, was dedicated to the effects of surgical laser on vascularized tissues. Various aspects of the endovascular laser surgery, were examined by Cesare Giannini of Florence University, who also compared the various methods, in use today, for treatment of hemorrhoids, where laser plays a major role.

Hiroto Kuroda from Tokyo University, reviewed the physical aspects of laser applications in medicine, in his session, new measuring technologies and instruments were demonstrated.

A special session, was coordinated with Tali Zuker from Israel, dedicated to Israeli physicians, graduated from Italy(mostly from Siena) with interest in laser medicine.

Isaac Kaplan (Tel-Aviv University) and Abram Baruchin(Ben-Gurion University) discussed with them, the various aspects and applications, of laser in modern medicine. Mariano Postiglione, discussed the WHO attitude toward laser technology. In the session dedicated to esthetic medicine and surgery, it was tried to portray the indications and effectiveness of laser modalities .in simple words, where is laser treatment really helps?. Patrick Bitter, one of the best known inventors and authorities in the field of nonablative and pulsed light rejuvenation ,presented the state of art, emphasizing also its limits . Indications, contraindications as well as complications of ablative and nonablative modalities, has been discussed ,mentioning also the eventual role of lasers in treating the so-called "Cellulites " .

Antonio Lauto from Perth University, Australia. demonstrated the new advanced obtained, in the field of laser tissue welding. Currently used in microsurgery.

Alberto Sona ,CEI, Milano and Penny Smalley, TCI, Chicago, reiterated sources of hazards in laser medicine, for all kinds of workers, including doctors, physics, nurses, technicians etc., they emphasized on laser safety instructions, indicating personal measures to be taken in order to prevent those hazards.

The session of ophthalmology, can be better defined as an international friendly discussion ,among Agostino LaTorre (Florence University), Elmar Fischer (Munchen University) V.Pustovalov (Kiev University Academy of Sciences of Republic Belarussian).).

Luciana Almeyda-Lopez (Sao Paolo University), G.Lynn-Powell (Salt Lake City University) and T.Dostalova (Prague University) and other participants from China and France, showed new advances made in uses of laser in dentistry.

The talk-poster session, had a great success and provoked much interest.

Least but not last, this year we had participants from more than 30 countries,

CORDIS, the European Community's Research and Development Information system, has mentioned continuously, Laser



Florence as a High-level Scientific International Academy, a reference point for laser medicine in Europe and, among firsts in the world.

In 2007, Laser Florence will observe, a stream of members, coming from all laser societies around the world, in occasion of the World federation of Laser Medicine and Surgery societies congress in conjunction with the biannual congress of the International Society of laser Surgery and Medicine.

Maybe than, we will have to think about changing the title from: "Laser Florence a window of the world of laser medicine" to:" the world of laser medicine".

But rather we should not do it, because, although we are Italians, presumption, is not a part of our nature.

AWARDS

PDD/PDT AND SURGERY Chairmen: R. Malek, K. Moghissi, A. Vaitkuviene

CESAREUS LASER ASSISTED	Gabriel De Pena, MD
	Cosmetic Gynaeco-Obstetric Laser
	Santo Domingo – Rep. Dominicana

DIABETOLOGY Chairmen: L. Gasparyan, L. Navratii, K. Samoilova		
LOW LEVEL LASER THERAPY IN TREATMENT OF	Gholamreza E Djavid ¹ , Ahmad Kaviani ^{1,2} , Bagher Larijani ³ , Laleh	
DIABETIC FOOT ULCERS: DOUBLE BLIND	Razavi ³ , Leila Ataie-Fashtami ¹ , Mohsen Fateh ¹ , Mohammad Javad	
CONTROLLED CLINICAL TRIAL	<i>Mortazavi³,</i> Leonardo Longo⁴	
	¹ Iranian Center for Medical Laser (ICML), Academic Center for Education,	
	Culture and Research (ACECR), Tehran, Iran	
	² Tehran Univ. of Medical Sciences, Tehran, Iran	
	³ Endocrinology & Metabolism Research Centre (EMRC), Tehran Univ. of	
	Medical Sciences (TUMS)	
	4 Associate Professor, School of General Surgery, University of Siena -	
	Institute Laser Medicine, Florence, Italy	

LASER REHABILITATION / SPORT MEDICINE Chairmen: M. Dyson, S. Rochkind

LASER AND LIGHT BIOMODULATION OF THE NERVOUS SYSTEM - Chairmen J. Anders, J. Basford, R. Lubart

INDIRECT EFFECTS OF LIGHT ON THE MIGRATION OF	T.B. Romanczyk°, L. Longo°°, R.Waynant°°°, I. Ilev°°°, J.J. Anders°
NORMAL HUMAN NEURAL PROGENITOR CELLS	°USUHS, Bethesda, MD, USA,
	°°University of Siena, Italy,
	°°°FDA, Rockville, MD, USA

VASCULAR LESIONS Chairmen: M. Postiglione, O. Marangoni



A HISTOLOGICAL STUDY ON GREAT
SAPHENOUS VEIN WALL SURGICAL
SPECIMENS AFTER LASER IRRADIATION

G. Quarto, C. Borriello***, G. Benassai, G. Nunziata, M. Pastore, A. Iacono**, G. Solimeno, E. Quarto*, F.P. D'Armiento**

University of Naples "Federico II",

General, Geriatric, Oncological Surg. and Advanced Technolog. Dept.

*Department of Preventive Medical Sciences

**Dept of Biomorphological and Functional Sci, (Section of Pathology)

***Division of General, Plastic, Aesthetic and Reconstructive Surgery, S. Maria La

Bruna Clinic – Torre del Greco

OPTOELECTRONIC SENSORS FOR BIOMEDICAL APPLICATIONS Chairmen: H. Kuroda, A. Evangelisti

COMPARISON OF PROSTHETIC	<u>Lorenzo Scalise</u> ¹ , Umberto Morbiducci ¹ , Massimiliano Rossi ¹
MECHANICAL HEART VALVES BY LASER	¹ Dept of Mechanics, Università Politecnica delle Marche, Ancona, Italy
BASED MEASUREMENT TECHNIQUES	
NONCONVENTIONAL Er:YAG LASER	C. Cotirlan, D. Savastru, E. Ristici, S. Miclos, M. Mustata, T. Brezeanu, M. Rusu, V. Savu, C.
BLOOD PRELEVATOR	Radu
	INOE 2000, Bucharest - Magurele, Romania

LASER, LIGHT AND SKIN Chairmen- K. Khatri, A. Ignaciuk, G. Oskarbski

REMOVAL OF AMATEUR BLUE-BLACK TATTOOS IN	lqbal Bukhari
ARABIC FEMALES WITH Q-SWITCHED	Dermatology department, King Fahad Hospital of the University, Alkhobar, Saudi
ALEXANDRITE LASER	Arabia

LASER RESURFACING AND REJUVENATION Chairmen - A. Baruchin, P. Bitter Jr., N. Mortellaro

SKIN REJUVENATION WITH ABLATIVE METHOD	Edward Richard Battisti, MD
USING A COMBINED DUAL WAVELENGHT	Centro di Ringiovanimento Cutaneo con Laser Chirurgico
LASER	Surgery Equipment Brescia Italy

LASER DENTISTRY Chairmen – L. Almeyda-Lopez, G. Lynn-Powell, T. Dostalova

900MM VS. 300MM ND :YAG FIBRES FOR	A. Baldissarri, C. Fornaini, G.F Semez., V Lazzarini., G. Marcato
HERPES VIRUS VESCICLES TREATMENT	C.L.O.D. (Centri Laser di Odontoiatria e Dermatologia)
	Segreteria C.L.O.D. c/o Lazzarini Dott. Vulzio Via Olmo,1 35042 Este-Padova Italy

TALK POSTER Chairmen: T. Jelinkova, M. Postiglione

IN VITRO STUDIES OF THE EFFECTS OF	Ruxandra Angela Pascu ¹ , Letitia Voicu ² , Felicia Ungureanu ² , Doina Gazdaru ³ , Jacques
ALKYLPHENYLPYRIDINIUM COMPOUNDS	Barbe ⁴
EXPOSED TO OPTICAL RADIATION	¹ Central Military Hosl, Ophthalmology Clinic, Bucharest ,ruxandra_pascu@yahoo.co.uk;:
	² National Inst. for Lasers, Plasma and Radiation Physics, Laser Department, Bucharest
	³ Faculty of Physics, University of Bucharest, P.O.BOX MG-11, Bucharest
	⁴ Faculté de Pharmacie, Université de la Méditéranée, Marseille



RADIOPROTECTIVE EFFECT OF LLLT BY WHOLE-BODY IRRADIATED MOUSES

Leos Navratil^{1, 2}, Pavla Pouckova², Ladislav Beranek³, Marie Zadinova², Pavel Kuna¹, Renata Havrankova¹

¹University of South Bohemia in Ceské Budejovice, Faculty of Health and Social Studies,
Department of Radiology and Toxicology, Ceské Budejovice, Czech Republic; ²Charles University,

1st Medical Faculty in Prague, Institute of Biophysics and Informatics, Czech Republic; ³University of
South Bohemia in Ceské Budejovice, Faculty of Education, Dept. of Computer Science, Ceské
Budejovice, Czech Republic

REMARK

Vasant Oswal offer a grant of Eurodollars 250 for the best lecture of the years 2005-2006, as Vasant Oswal Foundation.

The IALMS propose further Eurodollars 250 for the best lecture of the same years.

In addition, special awards were assigned for the best presentations of each Conference session, included free subscription for the next conference.

Report Meeting- Minutes

EXECUTIVE COMMITTEE ASSEMBLY OF THE IALMS

Held during the 20th International Congress Laser Medicine

(Laser Florence 2005)

At Villa Viviani, Florence, Italy

November 11th, 2005 Meeting commenced: 18.⁵⁰

Present:

President: Leonardo Longo

Treasurer: Mariano Postiglione

Rapporteur: V. Oswal

Attending were: J.Anders, AM Baruchin, G.D. Baxter, M. Dyson , T. Dostalova, M. D'Ovidio, L. Gasparyan, H. Jelinkova, K. Khatri, I. Kaplan, ,G. Lynn-Powell, R. Lubart, A. Makela, R. Malek N. Mortellaro, L Navratil, B. Navratilova, M., L.

Pascu, P. Smalley, K. Samoilova, A. Vaitkuviene, W. Waidelich,

1. Opening positions.

President Longo opened the meeting with a welcome to the new and old committee members

He reported that this year meeting was attended by: 70 paying participants, 51 invited guests, and 150 young doctors and researchers invited. Total of 271 participants. Longo emphasizes the considerable presence of the Israeli Laser Association and a group of 22 Israeli Doctors graduated from Siena, on a nostalgic tour.

Consolations were extended to the members who are missing for health reasons (E.g.Raphaela Waidelich, Shamai Giler), and others.

The principal focus of this meeting should be on the Agenda item 1, 2 relating primarily to the planning priorities e.g.: journals and budget

The Agenda was discussed and approved.

The Agenda document was noted to also include the treasurer contact list, guidance on responsibilities and functions of the position.

2. Apologies, working. Methods, administrative matters (including IALMS Bylaws)

Apologies were noted from: B. Azaz, G.D. Baxter, S. Giler, G. Glanz, K.Jeganathan, C. De Lorenzi, C. Enwemeka, L. Kozma, R. Lanzafame, N. Nimsakul, T Oshiro, B.K. Rau, A Rubinov, R.Waidelich

E-Mail is the main working method, thus each IALMS member should endeavor to keep their contact details up to date.

3. Elections, nominations

Dr Raphela Waidelich(D) has been unanimously elected Secretary General of IALMS .

Dr Shamai Giler (IL) has been unanimously elected Historian of IALMS

4. Honors & Standardization

Longo reminds that since 2001, CORDIS, the European Community's Research and Development Information system, has mentioned Laser Florence as the best scientific Conference of the Europe.



5. Webpage and Official Journal

The website welcomes all members of IALMS. This website reinforces the already functioning IALMS web. Site www.ialms.org, totally available to regularly paying members.

The IALMS annual budget is published on the web, in the member's area, as well as the list of the members and their position in the Academy.

Longo suggests that we could continue our relations with SPIE, although promised, no contribution has already given by them. Reza Malek, will again contact them upon his return to the States, and will see to it. The trouble is that SPIE now requires money for the publication of the Proceedings. On the other hand, the SPIE Proceedings are not included in the Current Contents and Index Medicus.

Nevertheless SPIE was doing a great job by publishing our papers and therefore, served as an important media for IALMS.

Alternatively the best Laser Florence papers could be published on the peer journal "Laser in Medical Sciences", official journal of the IALMS, without expenses for the IALMS. The papers will have the note "paper presented in Laser Florence ..."..

This second suggestion is approved unanimously

6.1 Longo raises the issue of our relations with Journals

5.1.1. Lasers in Medical Science

Longo reminds that Springer's journal "Laser in Medical Sciences" is the official Journal of IALMS and ELA (European Laser Assocxiation).

The journal was not sent to certain members who paid for it .In the current issues neither the logo nor the names of members of the academy have been mentioned at all. Springer apologized for the error .Should we, continue our relations with the Journal? On the other side, we have to work for the journal meaning: sending articles. The journal has an **Impact factor**: 1.492 (2004) Section "Medicine, general & internal": Rank 15 of 42.

Oswal: I will discuss the issue with them, it is being published in Britain, we (British Medical Laser Association) include the journal in our membership fee .I pay them for 4 copies a year per member. During the last 3 years we experiences problems with the Journal some members never got it this year it has not been published till August as a result of scars articles. As a result the members blame me because as treasure. I had collected the money .to date they claim having enough material for further. 3 issues which probably will be published simultaneously. I have suggested to separate between membership and Journal fees.

5.1.2 <u>Laser Medical Application</u> Longo reminds that Elsevier's journal "Laser Medical Application" is the official Journal of ISLSM and DLSMS. It bears the logo on the cover and some members of the IALMS Committee are included in the advisory and editorial board of the journal. This journal now is published with late but better than last year. On the other hand this journal is very important. Although it has not got yet the IF.

Longo's suggestion to continue our association with Laser in Medical Sciences and to follow also this journal. This is unanimously approved.

Baruchin: The Journal became our Official journal, it is more or less national journal rather then International, it has no International recognition, I have talked with the editor (E.Albrecht) who promised to take the necessary steps toward recognition and ranking.

Kaplan: I would like to suggest that we shall provide the journal ,only with proceedings and abstracts and than ,every body is free to choose his own Journal to publish with.



Longo: I neither see the point in sending proceedings nor abstracts since our universities counts only serious papers the supplement format is better.

Anders: Look what happened with WALT, they quarreled among them and as a results, the papers has not been published .Personally I am looking for only serious and prestigious journals to publish with .I cannot allow myself, to publish in a non serious journal. Kaplan's suggestion to send them only abstracts/proceedings and publish the whole paper elsewhere(e.g. prestigious journals) sounds reasonable to me.

Oswal: in conclusion, people will avoid sending papers to a non prestigious and non IF Journal.

Longo: We have to decide on, whether proceedings or a new Journal.

Dyson: We have to publish in other fields of specialty (in order to spread the voice), abstracts in the current journals and the whole article elsewhere.

Kaplan: I agree with Mary. There's absolutely no doubt in my mind that" Preaching the convert" is the technique for doing exactly that. It is an incredible medium for sharing ideas and information. There's a big bright promise for the future. Myself, I used to send my trainees to different meetings such as :Ob Gyn, Surgery, Orthopedics etc.

Longo: So we will continue sending abstracts not proceedings to Laser Medical Sciences because it is free of change please send me the abstracts

Some people already send me papers, what I should do with them.....o.k., I will, as well, send them, along, this time, to Laser in Medical Sciences

I will also contact SPIE, if they insist on payment we will refuse.

5.1 3 **SPIE**

Longo: I reiterate, it sound like the editors wants to change the rules, they do not contribute as promised but dare force us to purchase 75 copies per year. I refused, they are not neither real Journal nor they have IF

6. Finances

The Executive committee has confirmed the membership dues for 2006 at 100 Eurodollars paid directly to the treasurer Treasurer Postiglione read a short interim report of the financial states, emphasizing that the money is not the prime goal of the Academy but fuels the activities, although needed and essential, the main aim is knowledge exchange as well as scientific communication. Laser Florence is more than a conventional congress; it is also a manifestation of friendship and will continue with this spirit.

Longo: EU is willing to support and subsidise, educational courses, starting from April 2006. The academy would like to present them with proposals by April 2006.We have to decide upon further 3 places(countries) were it can take place .we will organize programmes for the courses ,compile the budget and send it to them, not later then April 2006, then, we have to wait few months for the financial support.

Khatri: who gets the money?

Longo: It is a slow bureaucratic process, it is repaid per country and then divided individually. I will publish further details on the web.

Baruchin: Is it possible though to include video conferences and Telemedicine as well?

Longo: Sure.

Oswal: To my opinion we should approve always, we have to waist all the money we get otherwise for the next year we will get less.

7. Meetings & Congresses. Longo announced that the 17th World Congress of ISLSM and the 2nd Congress of WFSLMS which will be held between 8th -10th November 2007* at the Villa Viviani.Preconference courses are scheduled for 7th November2007.



* Taking in consideration that The Gordon Research Conference is scheduled for 11th -16th November, but this date must be confirmed.

8. Next meeting

Longo announced that next year Laser Florence meeting will not take place as all efforts and preparations will be focused on the 17th World Congress of ISLSM and the 2nd Congress of WFSLMS, jointed with the IALMS Congress which as mentioned before, will be held at the Villa Viviani. (between 8-10 September 2007).

Laser Florence 2006 will include only IALMS Courses and One day Conference and Assembly, on the state of the art of laser medicine and conference 2007 preparation.

Oswal: we will need to increase the number of participants, by remodeling it as join congress e.g. ISLD .it is very difficult to carry it alone thus, we need representatives from each and every organization to take part in the task

Longo: we will compile an organizing committee and underneath sub-committees for each specialty .not through assemblies but rather by use of the Internet.

Starting after Christmas we will organize all .

Baruchin: Please make sure to send me an up to date e-mail addresses and further details as well.

Oswal: does the BMLA have to pay something?

Longo: I will issue a proposal; basically, a society that will contribute will be eligible to share eventual profits .If not- no share.

Kaplan:a) The advisory board list must, regardless how many pages it might take, include as much representatives as possible.

B) Would we have a facility with, enough room, to accommodate all stands and visitors alike?

Longo: Postiglione there are some options, though very expensive however the name of the game is money .e.g. The Fortezza da Basso which houses the main Exhibition Centre in Florence (Palazzo delle Esposizioni) asks for at least 80.000 Eurodollars. Whatsoever, we will leave the discussion among us.

It also depends on the number of attendants. Here, Villa Viviani can accommodate up to 1000 guests.

Anders maybe I can group up to 100 participants to join the congress.

Longo: Thank you, I wish and hope y seeing you all in Florence soon!

The Reporters (Leos Navratil & Abraham Baruchin)

ATTENTION

The members which paid their fees can see free all the Springer web.site for one year. Please ask us user ID and password

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- Newsletters
- Access to member area of the IALMS web.site
- Access to member area of the SPRINGER Publisher web.site
- Continous support of many pioneers of the laser medicine and surgery
- Jointed Subscription to the International Society for Laser Surgery and Medicine – ISLMS, the oldiest and serious Laser Society of the world
- Continous exchange of experiences by web.forum on our site
- More and More......



RESERVATION FORM FOR MEMBERSHIP

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Manufacturers: they cannot have a member in the Executive Committee; They can use the logo of the Academy on their brochures, subject to the approval of the Executive Committee.	500
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Citizens of Countries with low economic level: the subscription fee for these countries will reduced. At this moment, these countries are East Europe, Central Africa, Central Asia.	10
Laser in Medical Science 2005 subscription (4 issues and 1 Supplement) – Springer London Publ., included postage	100
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